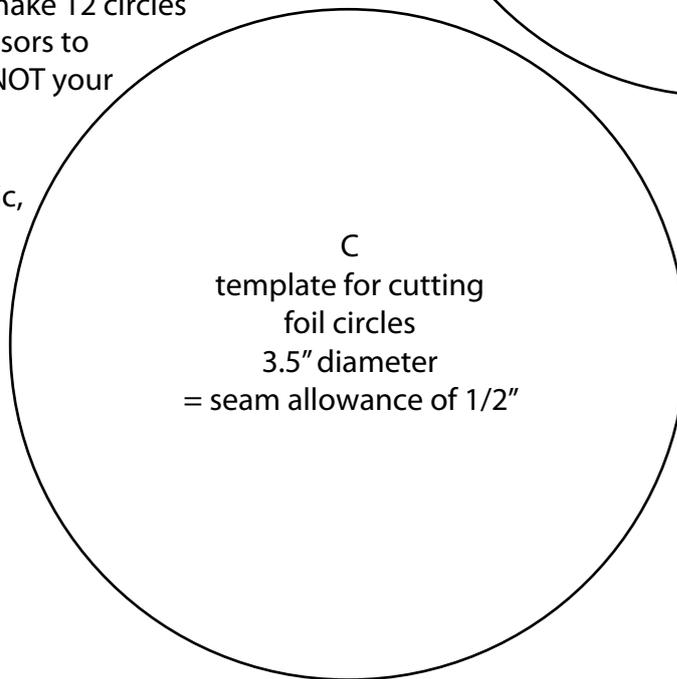
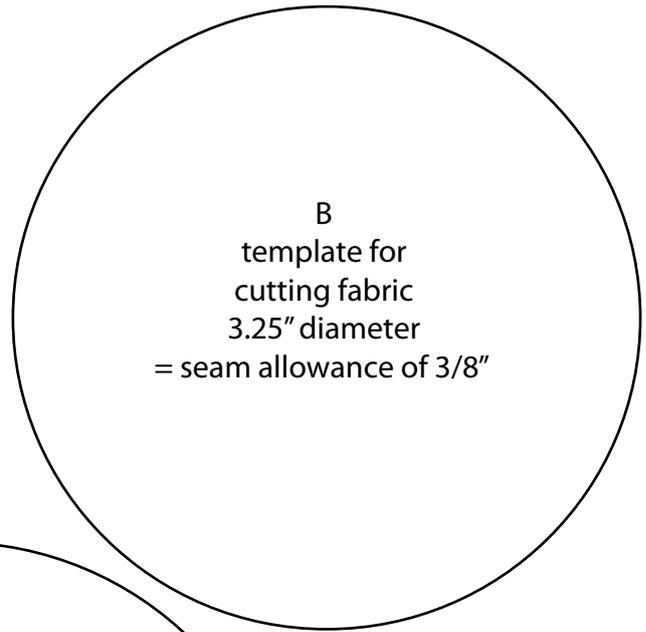
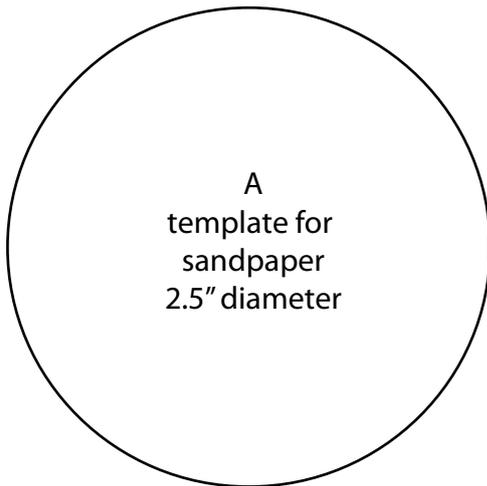


*SUFFOLK PUFF OR YO-YO TRIP AROUND THE WORLD
made by Brigitte Giblin*





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EITHER:

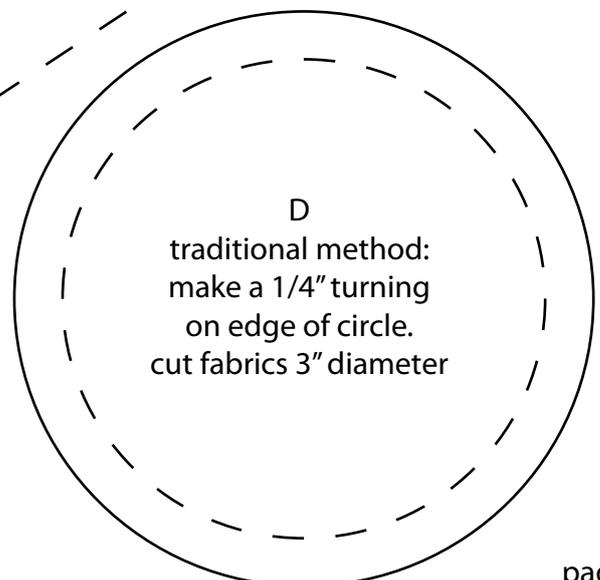
foil and sandpaper method - use templates A,B & C

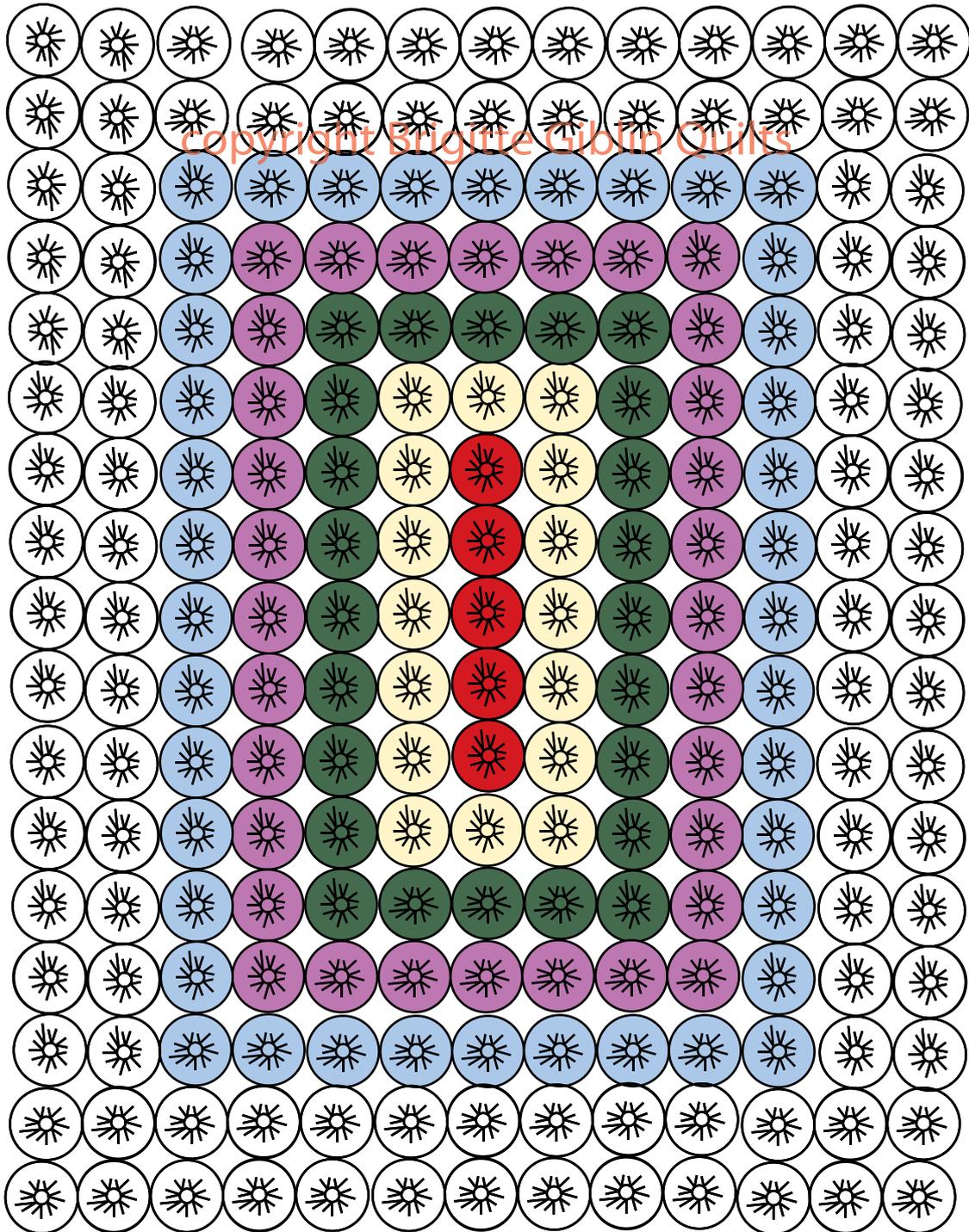
Use 120 grade sandpaper/make 12 circles per sheet. Tip: use craft scissors to cut sandpaper - NOT your best ones!!

METHOD: place sandpaper circle on wrong side of fabric, then place foil on right side of fabric. Wrap foil over the edge of sandpaper enclosing the fabric. Press with hot iron to set the turning. Unwrap when ready to gather edge.

Knot your thread and stitch around outer turned edge, on the wrong side, about 1/16th" from edge. Use gathering stitches about 3/16th" long. Finish through the first stitch, onto the right side. Pull the thread to make the yo-yo so that there is a scant 1/4" hole in centre. Pass needle to back and finish with a couple of stitches to anchor the gathers, then slide needle up to edge and sew the yo-yo to the edge of quilt with a 1/4" to 3/8th" length of whip-stitching. Sew on the back of quilt, with yo-yos right sides together. Sew the centre 5 yo-yos together first and then add each round, one yo-yo at a time. You will also need to sew the side of yo-yo to adjacent yo-yo. Its ok to give your yo-yos a gentle press!

OR:



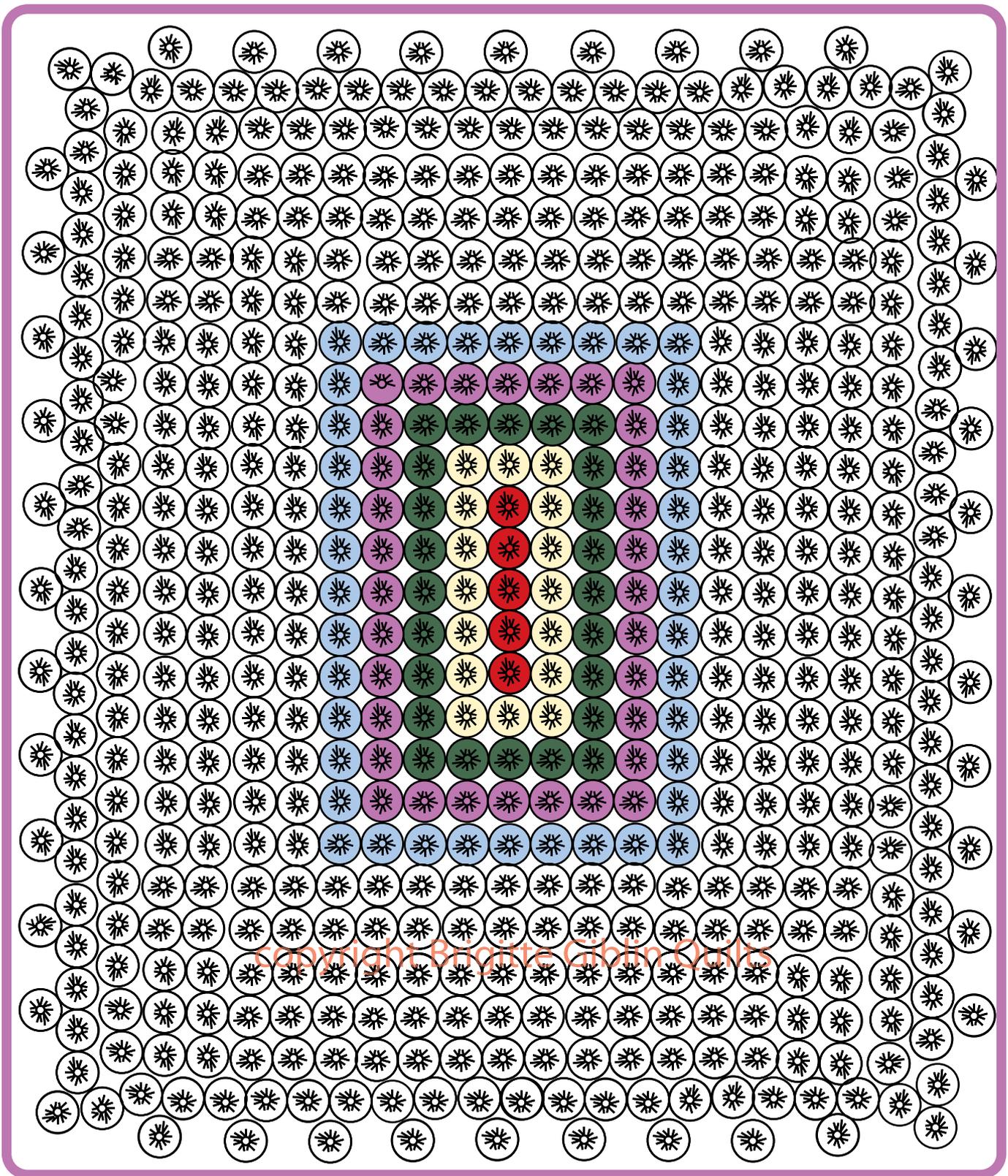


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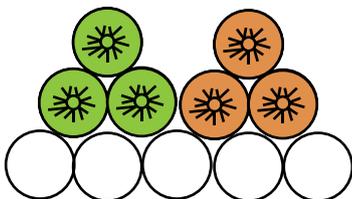
Keep adding 'rounds' until you reach desired size. Each 'round' will add about 2.5" to the size. For a small quilt: 29" wide x 34" long, you will need the centre + 11 rounds of yo-yos. Make a scrappy round or mix similar colours/prints if you are short of a particular fabric.

centre = 5 yo-yos	
round 1 = 16	round 6 = 56
round 2 = 24	round 7 = 64
round 3 = 32	round 8 = 72
round 4 = 40	round 9 = 80
round 5 = 48	round 10 = 88 etc (add 8 for each additional round)

FABRIC YIELD PER 10 CMS: old 36" liberty fabrics = 11 yo-yos; 42" fabrics = 12 yo-yos, new 52" liberty fabrics = 16 yo-yos.



YO-YO quilt with 11 rounds. The 10th & 11th rounds have yo-yos sewn together in units of 3 matching fabrics. The units are sewn to the edge of round 9, placed so that they touch 3 yo-yos. The finished yo-yo panel can be left as is or applied to a solid background fabric and backed with Liberty fabric. Thin braid can be applied to the perimeter of the quilt to stabilise the edges. Measure finished yo-yo panel and cut background and backing fabrics 2" wider and longer.



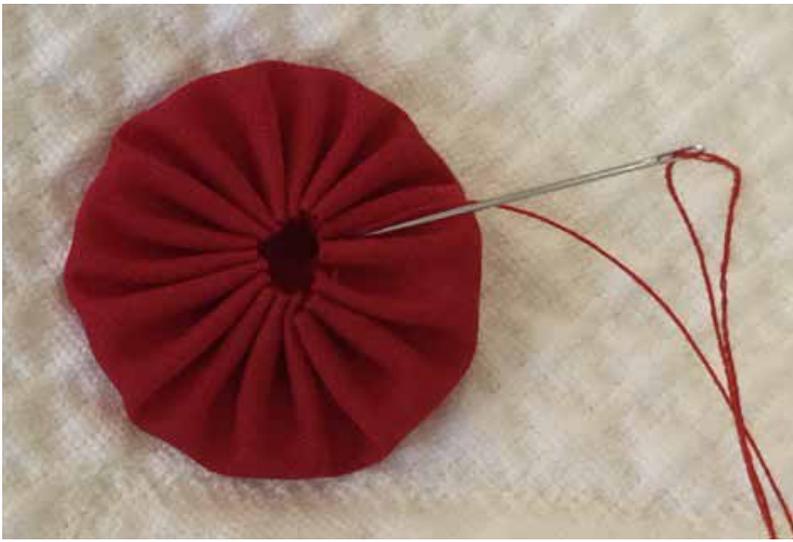
finished size is approximately 29" wide x 34" long



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follow the instructions on page 1



follow the instructions on page 1

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